

Scottsdale, Arizona

Friday, January 8, and
Saturday, January 9

BROWN BELT SEMINAR

Shoshin Ryu of Arizona presents...



Shoshinji



Do you want to make a jump in your skill level?

Be the first group to train in the new, high tech yet classical permanent dojo of Shoshin Ryu! Two full days of exclusive training with fellow brown belts from the Southwest, local Arizona yudansha, and Coniaris Sensei.

Highlights Include:

- Kata refinement and depth
- Atemi
- Newaza
- Nage
- Goshinjutsu/self-defense
- Guided imagery & zazen

DETAILS:

The \$300 cost includes 3 meals a day, transportation to and from the airport, 3 nights accommodations.

For Information contact Smole Sensei:
505-231-0404 LJSmole@LASHoshin.org
Arizona website: **www.ShoshinAZ.org**