

SHOSHIN RYU OF LOS ALAMOS PRESENTS...

Combo Sensei Seminar



- NeWaza
- Nage
- Atemi
- Kata
- Self-Defense
- Hood Techniques

Friday, 3/5/10
and
Saturday, 3/6/10

9:00AM to 7:00PM
(lunch ~1PM)

Don't miss this opportunity for training!

COST: \$95 for both days; \$60 for one day

Location: YMCA in Los Alamos
Address: 1450 Iris Street, Los Alamos, NM
Telephone: 505-662-3100
URL: www.laymca.org

正心流

"Opportunity is seldom labeled. This one is."

WHO TO CONTACT?

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Shoshin Ryu Association